

Simplest Ways To Build Assets

An Elder in Kake once said, “This stuff is so simple! It’s just 40 words for **love!**” Even people with stress-filled lives and different priorities can act in ways that will really help kids. Have fun with this list of ideas. Make a list of your own. The more you do, the more you will notice a wonderful change in the kids around you.

Hug them.
Sing with them.
Greet each of them, by name if you can.
Ask for their help.
Wink at them.
Read with them at home.
Play games with them.
Allow them to make mistakes.
Listen to them.
Plant something together.
Learn the school song.
Set goals with them.
Vote, with their needs in mind.
Listen to music with them.
Keep baby books.
Be consistent with them.
Do things their way sometimes.
Hang up their art work.
Pray with them.
Watch stars together.
Tell them stories.
Surprise them.
Pat their back.
Go for walks together.
Help them with homework.
Put loving messages on the scanner.
Give them specific compliments.
Exercise together.
Tell them you love them.
Go hunting or camping with them.
Steam together.
Notice them.
Praise their efforts.
Be open with your feelings.
Explain your reasons to them.
Celebrate their birthdays.
Display their photographs.
Go berry picking and make jam.
Be optimistic.

Always tell them the truth.
Offer options when they ask your help.
Make them a good breakfast.
Open your home to their friends.
Give them something special that belongs to you.
Attend their games, performances, events.
Encourage them.
Cook with them.
Go swimming or ice skating together.
Joke with them.
Be with them when they are afraid.
Put notes in the lunch or backpack.
Celebrate new discoveries in them
and with them.
Say thank you.
Give them space when they need it.
Discuss their dreams and fears.
Answer their questions.
Create a tradition with them and keep it.
Have them teach you something.
Be available to them.
Say you’re sorry.
Tell them what you like about them.
Share things about yourself.
Talk proudly about them to friends
when they’re near.
Believe in them.
Notice their growth and changes.
Include them in conversations.
Respect their choices.
Handle the bad days with grace.
Keep some time for them every day.
Create a pleasant home.
Take on new challenges together.
Welcome their suggestions.
Be spontaneous and silly sometimes.
Expect their best, not perfection.
Honor who they are.
Love them, no matter what.

**From: *Helping Kids Succeed ~ Alaskan Style*
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