

Top Ten Tips Teens Want Parents to Know

1. Listen to our stories and try to understand.
2. Spend more quality time with us to develop a closer relationship.
3. Provide some personal space along with boundaries.
4. Make an effort to know and care about our friends.
5. Hold family meetings.
6. Get to know us as individuals.
7. Discuss family issues and personal matters in private.
8. Stay calm when discussing issues of disagreement.
9. Remember the importance of quality time with family while caring for those members with unique needs.
10. Consider the needs of all family members, especially during times of changing dynamics.

Chugiak High School students created this action list for parents to help their children build Assets and become successful.